



The Amara Legal Center envisions a society where our clients are free from stigma, violence, oppression, exploitation, and criminalization.

Amara's Gratitude Message



**On behalf of the Amara Board and staff,
we want to wish everyone a safe and happy Thanksgiving!**

Amara's office will be closed for the holiday and reopen on November 29th.

As we approach the holiday season, I want to express my gratitude to our dedicated Amara staff and Board members; all of our committed partners; generous funders, and donors, and especially our clients who weather unimaginable storms and demonstrate resiliency, strength and resolve!

I am also grateful for the opportunity to be a part of a vibrant and dynamic community of advocates who collaborate, strategize and amplify the voices of those who go unheard and unseen. Each day, I am inspired by the work that we do to empower, educate and advocate on behalf of marginalized populations to receive equity, justice and supportive services to help in them in their journeys towards healing.

I am also keenly aware that the holidays are not so joyous for many of the individuals we serve. Many are trying to keep warm on the streets, searching for a hot meal, and/or trying to find the will and the way to survive another day. I don't take for granted that I will enjoy my holiday with my loving family tomorrow, nor the feast, that I will no doubt eat too much of. So, it has me thinking of the definition of gratitude, which simply means appreciation.

I've asked the Amara team to send an email to their clients:

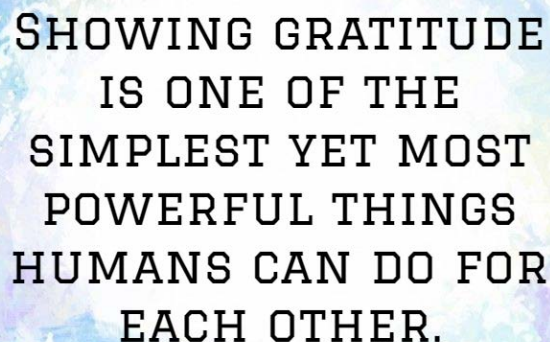
As we approach the holiday season, I wanted to let you know that the Amara family is thinking about you and hoping that you will have a safe and happy holiday! We know that this time of year can be very difficult and triggering for some individuals, so we hope this email does not cause any undue harm, but instead be a reminder that you are valuable and courageous. Your voice matters. We are so grateful that you have entrusted Amara to assist you with your legal matters and to help you find resources that can assist you in your journey towards wholeness and healing.

Thank you for your strength and resolve, and for the opportunity to be of service to you! You truly inspire us!

I want our clients to know that they are not alone and that we see and hear them, outside of our legal and referral conversations. I hope this short message to our clients will let them know how much Amara appreciates them and understands their circumstances. I hope you will join Amara in this effort to let those you assist know how valuable they are and how much they are recognized.

Thank you all again for being a gift to the Amara family and for all that you do in the struggle. Peace to you and your family!

Carole Bernard
CEO



**SHOWING GRATITUDE
IS ONE OF THE
SIMPLEST YET MOST
POWERFUL THINGS
HUMANS CAN DO FOR
EACH OTHER.**

Acknowledge Indigenous Communities & Native Land



Did you know that November is Native American



Heritage Month? As we celebrate Thanksgiving, please note that we are on Native land and to honor Indigenous communities.

Native perspectives are important to include when teaching the history of the "First Thanksgiving." Giving thanks is a longstanding and central tradition among most Native groups that is still practiced today.

The First Thanksgiving is often portrayed as a friendly harvest festival where Pilgrims and generic, nameless "Indians" came together to eat and give thanks, according to the [National Museum of the American Indian](#). In reality, the assembly of the Wampanoag Peoples and the English settlers in 1621 had much more to do with political alliances, diplomacy, and a pursuit of peace.

The Wampanoag Peoples had a long political history dealing with other Native Nations before the English arrived. The Wampanoag shared their land, food, and knowledge of the environment with the English. Without help from the Wampanoag, the English would not have had the successful harvest that led to the First Thanksgiving. However, cooperation was short lived, as the English continued to attack and encroach upon Wampanoag lands in spite of their agreements ([Native Knowledge 360](#)).

Check out this [site](#) to learn more about native lands!

GivingTuesday is November 30th

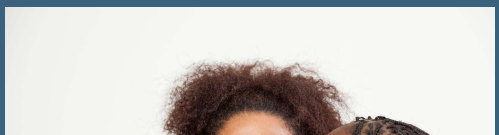


Please consider making a donation this holiday season to the Amara Legal Center for our "Circle of Hope" Fundraising Campaign! Support Amara's work and our commitment to community, equity and justice. Help us amplify the voices of survivors, elevate the discussion, and break the injustice faced by survivors by becoming a "Circle of Hope" donor.

Your contribution will help Amara provide 100 survivors with free legal services and give them hope as they move forward in their journeys towards healing! Donate today, and remember Amara on GivingTuesday!!

DONATE

HELP SURVIVORS



**RESTORE
THEIR DIGNITY &
THEIR LIVES!**



Become A Monthly "Circle of Hope" Donor Today!



Amara Legal Center, Inc.
1629 K Street, NW
Suite 300
Washington, DC 20006
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